

The page features a dark blue border decorated with multiple instances of the ConnectiFIT logo, which consists of a stylized white hand icon with the text 'ConnectiFIT' written vertically along its side. The logos are arranged in a repeating pattern around the perimeter of the page.

ConnectiFIT Screen Saver

The Heart Disease and Stroke Prevention Program in collaboration with the ConnectiFIT program is pleased to "unveil" a ConnectiFIT screensaver for your computer. The screensaver features scenarios related to all of the current ConnectiFIT activities and was developed as a gentle reminder that we can all improve our health by walking, taking the stairs, and eating healthier. There is also a link to the ConnectiFIT website at the end of the screensaver.

To access the screensaver for your computer, go to the U drive to:

U:\SHAREDOC\ConnectiFIT
click on the screensaver icon You will be prompted on how to install the screensaver on your computer.

Data Processing has already checked the screensaver out. It is safe for and compatible with our computers.

We hope you enjoy the screensaver and look forward to your continued participation in the ConnectiFIT program.